

JANUARY 2025



Mon	Tue	Wed	Thu	Fri
*Please Arrive 15 mins prior to so *The time listed for Trips is DEPA *You must MUST sign-up for Acti located on the bulletin in the Rec up to ensure an accurate count of *If we do NOT have enough partia activity will be Cancelled due to 1 *If we are short staffed we will cancelled to 1	RTURE time. vity/Trips sign-up sheets are room. It very Important to sign- participants for Avtivity/Trips. ripants signed-up for trips/ ack of Participation.	Happy New Year!	2 10:00am YOGA Coffee/Tea Social (Bring Cookies/Pastry to Share)	3 10:00am Billiards/Ping Pong Board Games/Puzzles 12:30 Indoor Gym Walking
6 9:30am ZUMBA 10:00am Coffee/Tea Social Board Games/Puzzles 12:30 Indoor Gym Walking	10:00am YOGA 1:00pm BINGO \$3= 4Cards/12 Games Specials are Played on papers so bring Dabbers if you have)	8 8:00am WAL-MART 12:30 Indoor Gym Walking	9 10:00am YOGA Coffee/Tea Social ROADRUNNER FOOD PANTRY	9:00am Old Town Albuquerque 10:00am Coffee/Tea Social
9:30am ZUMBA 1:00pm BINGO \$3= 4Cards/12 Games Specials are Played on papers so bring Dabbers if you have)	14 10:00am YOGA 10:00am Coffee/Tea Social 12:30 Indoor Gym Walking	15 9:30am Rail Runner Train to Santa Fe, Lunch at Tomasita's	16 10:00am YOGA 10:00am Coffee/Tea Social 12:30 Indoor Gym Walking	17 10:00am Billiards/Ping Pong Board Games/Puzzles 12:00pm BINGO in Placitas
20 CLOSED MARTIN LUTHER KING, JR DAY	21 9:00am Breakfast & Movies 10:00am YOGA Indoor Gym Walking	22 10:00am Coffee/Tea Social (Bring Cookies/Pastry to share) Crafts/Painting 12:30 Indoor Gym Walking	10:00am YOGA 1:00pm BINGO \$3= 4Cards/12 Games Specials are Played on papers so bring Dabbers if you have)	24 9:00am Games/Puzzles Billiards/Ping Pong 12:30 BIRTHDAY SOCIAL Popcorn & Games
27 8:30am SENIOR DAY AT THE ROUNDHOUSE 9:30am ZUMBA	28 10:00am YOGA Coffee/Tea Social (Bring Cookies/Pastry to share)	29 8:00 am WAL-MART 10:00am Board Games/Puzzles	10:00am YOGA 1:00pm BINGO \$3= 4Cards/12 Games Specials are Played on papers so bring Dabbers if you have)	31 10:00am Billiards/Ping Pong Board Games/Puzzles 12:30 Indoor Gym Walking