





Corrales Senior Center Calendar - December 2024 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:30 - 9:30 Yoga & 9:45 - 10:45 Seated Yoga 9:30 Hook, Yarn & Needles 2:00 - 3:00 Tai Chi	8:30 - Zumba 9:45 - 10:30 Seated Zumba Gold 9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba Gold 10:00 Project Linus (Quilt) 2:00 Ukulele Group 9:00 - 4:00 Open Gym	Line Dancing 8:30 - 9:30 Beginners & 9:45-10:45 Intermediate 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
9	10	11	12	13
8:30 - 9:30 Yoga & 9:45 - 10:45 Seated Yoga 9:30 Hook, Yarn & Needles 2:00 - 3:00 Tai Chi	8:30 - Zumba 9:45 - 10:30 Seated Zumba Gold 1:00 Grief Support 9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 12:30 Lisa- MedCare 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba Gold 10:00 Project Linus (Quilt) 2:00 Ukulele Group 9:00 - 4:00 Open Gym	Line Dancing 8:30 - 9:30 Beginners & 9:45-10:45 Intermediate 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
16	17	18	19	20
8:30 - 9:30 Yoga & 9:45 - 10:45 Seated Yoga 9:30 Hook, Yarn & Needles 2:00 - 3:00 Tai Chi	8:30 - Zumba 9:45 - 10:30 Seated Zumba Gold 1:30 High Altitude Strummers Holiday Performance 9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba Gold 10:00 Project Linus (Quilt) 2:00 Ukulele Group 9:00 - 4:00 Open Gym	Line Dancing 8:30 - 9:30 Beginners & 9:45-10:45 Intermediate 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
23	24	25	26	27
8:30 - 9:30 Yoga & 9:45 - 10:45 Seated Yoga 9:30 Hook, Yarn & Needles 2:00 - 3:00 Tai Chi	8:30 - Zumba 9:45 - 10:30 Seated Zumba Gold 9:00 - 4:00 Open Gym		<p>CLOSED FOR THE HOLIDAYS HAVE A SAFE AND HAPPY HOLIDAY</p>	Line Dancing 8:30 - 9:30 Beginners & 9:45-10:45 Intermediate 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
30	31			
8:30 - 9:30 Yoga & 9:45 - 10:45 Seated Yoga 9:30 Hook, Yarn & Needles 2:00 - 3:00 Tai Chi	8:30 - Zumba 9:45 - 10:30 Seated Zumba Gold 9:00 - 4:00 Open Gym			

Activities Date & Time Subject to Change