



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	7:30 am Open Gym 8:15 am Pilates 9:30 am Zumba 1:00 Mahjong Mavens 1:00 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 10:00 Project Linus 1:00 pm Game Day 3:15 pm Tai Chi	7:30 am Open Gym 8:15 am Pilates 11:30 pm Enhanced Fitness 1:00 pm Chair Zumba Gold 2:00 -3:00 pm Open Gym 3:00 Mo Fit	7:30 am Open Gym <u>8:30 am Zumba</u> 9:45 a.m. DRAWING W/ Don C 11:30 pm Enhanced Fitness 1:00 Bingo 2:00 pm Open Gym
7	8	9	10	11
7:30 am Open Gym 9:00 am Yoga NO ENHANCE FITNESS TODAY 1:30 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 8:15 am Pilates 9:30 am Zumba 1:00 Mahjong Mavens 1:00 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym <u>10:00 am Project Linus</u> 11:30 am Enhanced Fitness 1:00 Rock Painting Pals 1:00 pm Game Day 3:15 pm Tai Chi	7:30 am Open Gym 8:15 am Pilates 11:30 pm Enhanced Fitness 1:00 pm Chair Zumba Gold 2:00-3:00 pm Open Gym 3:00 Mo Fit	7:30 am Open Gym <u>8:30 am Zumba</u> 9:45 a.m. DRAWING W/ Don C 11:30 pm Enhanced Fitness 1:00 Bingo 2:00 pm Open Gym
14	15	16	17	18
Center closed for Bianual Training For senior Program Staff All centers closed	7:30 am Open Gym 8:15 am Pilates 9:30 am Zumba 1:00 Mahjong Mavens 1:00 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 10:00 Project Linus 1:00 Rock Painting Pals 1:00 pm Game Day 3:15 pm Tai Chi	7:30 am Open Gym 8:15 am Pilates 9:30 am Yoga 11:30 pm Enhanced Fitness 1:00 pm Chair Zumba Gold 2:00-3:00 pm Open Gym 3:00 Mo Fit	7:30 am Open Gym <u>8:30 am Zumba</u> 9:45 a.m. DRAWING W/ Don C 11:30 pm Enhanced Fitness 1:00 Bingo 2:00 pm Open Gym
21	22	23	24	25
7:30 am Open Gym 9:00 am Yoga 11:30 am Enhanced Fitness 1:00 Movie Monday @ Library 1:30 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 8:15 am Pilates 9:30 am Zumba 1:00 Mahjong Mavens 1:00 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 10:00 Project Linus 1:00 pm Game Day 3:15 pm Tai Chi	7:30 am Open Gym 8:15 am Pilates 9:30 am Yoga 11:30pm Enhanced Fitness 1:00 pm Chair Zumba Gold 2:00-3:00 pm Open Gym 3:00 Mo Fit	7:30 am Open Gym <u>8:30 am Zumba</u> 9:45 a.m. DRAWING W/ Don C 11:30 pm Enhanced Fitness 1:00 pm BINGO 2:00 pm Open Gym
28	29	30	31	
7:30 am Open Gym 9:00 am Yoga 1:30 pm Billiards 2:00 pm Open Gym	7:30 am Open Gym 8:15 am Pilates 9:30 am Zumba 11:30 TO 12:30 Enhance Fitness 1:00 Mahjong Mavens 1:00 pm Billiard 2:00 pm Open Gym	7:30 am Open Gym 10:00 am Project Linus 11:30 to 12:30 Halloween Party 1:00 Rock Painting Pals 1:00 pm Game Day 3:15 pm Tai Chi	7:30 am Open Gym 8:15 am Pilates 9:30 am Yoga 11:30 pm Enhanced Fitness 1:00 pm Chair Zumba Gold 2:00-3:00 pm Open Gym 3:00 Mo Fit	