

OCTOBER

2024

JEMEZ VALLEY COMMUNITY/SENIOR CENTER
 8154 Hwy 4 Jemez Pueblo NM 87024
 Phone: 575-834-7630
 Fax: 575-834-7308

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 Laundry Day 1 1:00 Crafting 6:00 Zumba 	9:00 Water Exercise @ Define Fitness 2 1:00 Card Games 6:00 Zumba 	10:30 Body Conditioning 3 9:30 Bingo in Cuba 1:00 Hangman Game/Hour 6:00 Zumba	9:00 Move Aerobics 4 1:00 Fly Swatter Volley Ball 
9:00 Walk @ the Track 7 12:30 Advisory Meeting 6:00 Zumba 	9:00 Wal-Mart Outing 8 1:00 Crafting 6:00 Zumba 	9:00 Water Exercise @ Define Fitness 9 1:00 Card Games 6:00 Zumba	10:30 Body Conditioning 10 1:00 Hangman Game/Hour 6:00 Zumba	9:00 Move Aerobics 11 1:00 Fly Swatter Volley Ball 
CLOSED FOR BI-ANNUAL Training 14 	1:00 Crafting 15 6:00 Zumba 	9:00 Water Exercise @ Define Fitness 16 1:00 Card Games 6:00 Zumba 	10:30 Body Conditioning 17 1:00 Hangman Game/Hour 4:00 Dinner Club Cocino Azul 6:00 Zumba 	9:00 Move Aerobics 18 1:00 Fly Swatter Volley Ball 9:00 Saturday Event Jemez Trail Sale Come See What we got
9:00 Walk @ the Track 21 1:00 Bingo @ Center 6:00 Zumba	9:00 Wal-Mart Outing 22 1:00 Crafting 6:00 Zumba 	9:00 Water Exercise @ Define Fitness 23 1:00 Card Games 6:00 Zumba	10:30 Body Conditioning 24 1:00 Hangman Game/Hour 6:00 Zumba	9:00 Move Aerobics 25 8:30 Sock Hop Bernalillo Center 1:00 Fly Swatter Volley Ball
9:00 Walk @ the Track 28 6:00 Zumba 	9:30am Lunch Groups 29 Choice then off to watch Rio Rancho Free Movie 6:00 Zumba	9:00 Sprouts in Bernalillo 30 1:00 Card Games 6:00 Zumba 	9:00 Bingo Bernalillo Center 31 10:30 Body Conditioning 6:00 Zumba 	