

October 2024
Bernalillo Senior Center
(505) 867-9448

Mon	Tue	Wed	Thu	Fri
<p><u>PLEASE</u> arrive 15 minutes before trip/activity</p>	<p>1 10:30am Moe Fitness 1pm Bingo 3:30pm Yoga</p>	<p>2 9am Roadrunner Food Pantry 9:30am –1pm Kitchen Creations Healthy Cooking (Zocalo) Lunch at Center at 1pm for those attending class 12:30 Cards</p>	<p>3 9am BANK Trip 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness</p>	<p>4 9am Walmart 1pm Popcorn & Phase Ten Card Game</p>
<p>7 10am Coffee Social (bring cookies to share) 12:30 Mexican Train <i>Dominoes</i> 2pm Heart to Heart Yoga</p>	<p>8 9am Local Shopping (T & T/Family Dollar) 10:30am Moe Fitness 1pm Bingo 3:30pm Yoga</p>	<p>9 9:30am –1pm Kitchen Creations Healthy Cooking (Zocalo) Lunch at Center at 1pm for those attending class 12:30 Cards</p>	<p>10 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness</p>	<p>11 9am Los Golondrinas Breakfast at San Felipe Travel Center Ice Cream at Baskin Robbins after trip</p>
<p>14 Closed STAFF TRAINING</p>	<p>15 10:30am Moe Fitness 1pm Bingo 3:30pm Yoga</p>	<p>16 9:30am –1pm Kitchen Creations Healthy Cooking (Zocalo) Lunch at Center at 1pm for those attending class 12:30 Cards</p>	<p>17 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness</p>	<p>18 9:30am Aquarium & Botanic Gardens Lunch at Bosque Burgers (El Vado Food Court)</p>
<p>21 10am Insurance w/Michelle Coffee Social (snacks provided) 12:30 Mexican Train <i>Dominoes</i> 2pm Heart to Heart Yoga</p>	<p>22 10:30am Moe Fitness 1pm Bingo 3:30pm Yoga</p>	<p>23 9:30am –1pm Kitchen Creations Healthy Cooking (Zocalo) Lunch at Center at 1pm for those attending class 12:30 Cards</p>	<p>24 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness</p>	<p>25 9:30am Health Fair 10am Billiards Day 1pm Back to the 50's Dance & Root Beer Floats</p>
<p>28 10am Coffee Social (bring cookies to share) 12:30 Mexican Train <i>Dominoes</i> 2pm Heart to Heart Yoga</p>	<p>29 10:30am Moe Fitness 12:30pm Rio Rancho Movies (FREE) <u>NO BINGO TODAY</u> 3:30pm Yoga</p>	<p>30 10am Sprouts & FiveBELOW 12:30 Cards</p>	<p>31 10am Bingo 10:30am Yoga 1pm-2:30pm Bingo 1:30pm Moe Fitness</p>	