



# Corrales Senior Center Calendar - July 2024 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8:30 - 9:30 Yoga & 9:45 - 10:45 10:00 Hook, Yarn & Needles 1:00 - 1:45 Chair Fitness 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba  9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:00 Leah Beehive Sr. Care 12:45 Bingo 9:00 - 4:00 Open Gym		8:30 - 9:30 Line Dancing & 9:45 - 10:45 1:00 Star Quilting 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
8:30 - 9:30 Yoga & 9:45 - 10:45 10:00 Hook, Yarn & Needles 1:00 - 1:45 Chair Fitness 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba  9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 Spanish Class 11:45 Rosemary fr. Enchanted Sky Hospice 12:45 Bingo 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba 1:00-2:00 Medicare Store 10:00 Project Linus (Quilt) 3:00 Ukele Group 9:00 - 4:00 Open Gym	8:30 - 9:30 Line Dancing & 9:45 - 10:45 1:00 Star Quilting 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
8:30 - 9:30 Yoga & 9:45 - 10:45 10:00 Hook, Yarn & Needles 1:00 - 1:45 Chair Fitness 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba 1:00 Dance hosted by Monte  9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba Gold 10:00 Project Linus (Quilt) 3:00 Ukele Group 9:00 - 4:00 Open Gym	8:30 - 9:30 Line Dancing & 9:45 - 10:45 1:00 Star Quilting 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
8:30 - 9:30 Yoga & 9:45 - 10:45 10:00 Hook, Yarn & Needles 1:00 - 1:45 Chair Fitness 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba 1:45 Advisory Board Meeting  9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 9:00 - 4:00 Open Gym	8:30 Zumba 9:45 - 10:30 Seated Zumba 1:00-2:00 Medicare Store 10:00 Project Linus (Quilt) 3:00 Ukele Group 9:00 - 4:00 Open Gym	8:30 - 9:30 Line Dancing & 9:45 - 10:45 1:00 Star Quilting 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym
<b>29</b>	<b>30</b>	<b>31</b>		
8:30 - 9:30 Yoga & 9:45 - 10:45 10:00 Hook, Yarn & Needles 1:00 - 1:45 Chair Fitness 2:00 - 3:00 Tai Chi 9:00 - 4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba  9:00 - 4:00 Open Gym	9:00 - 10:00 Yoga 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 9:00 - 4:00 Open Gym		

Activities Date & Time Subject to Change