



DECEMBER 2016

Happy New Year

			THURSDAY 1*	FRIDAY 2
L F Milk Served w/Each Meal Can Fruit in Light Syrup WW= Whole Wheat GC=Green Chili RC=Red Chili HM = Honey Mustard	Senior Meal Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Menu Subject to Change		Chicken Cacciatore w/Pasta Italian Vegetables Caesar Salad w/Dressing Garlic Toast Chilled Pears	RC Beef Enchilada Pinto Beans Chuckwagon Corn Shredded Lettuce and Tomato Fresh Apple Slices
MONDAY 5	TUESDAY 6*	WEDNESDAY 7*	THURSDAY 8	FRIDAY 9*
Chicken Breast Strips w/HM Steamed Brown Rice Steamed Cabbage Mixed Green Salad w/Dressing Chilled Apricots	GC Stew w/Potatoes Roasted Corn and Black Beans Tossed Salad w/Dressing Flour Tortilla Fresh Pineapple Spear	Roast Beef w/Gravy Mashed Potatoes California Veggies Mixed Greens Salad WW Roll w/Margarine Peach Cobbler	Chicken Salad Sandwich Macaroni Salad Coleslaw Fresh Orange	Beef Lasagna Italian Green Beans Cucumber/Tomato Salad w/Dressing Garlic Toast Chilled Fruit Cocktail
MONDAY 12*	TUESDAY 13	WEDNESDAY 14	THURSDAY 15*	FRIDAY 16
Salisbury Steak w/Mushroom Gravy Scalloped Potatoes Mixed Veggies Mixed Green Salad w/Dressing WW Roll w/Margarine Fresh Orange	Chef's Salad w/Turkey, Ham, Tomato, Cheese & Egg Croutons Club Crackers Fresh Banana	Pork Posole Zucchini/Onions Garden Salad w/Dressing Flour Tortilla Fresh Apple Slices Pecan Crusted Cake	Holiday Luncheon Baked Ham and Sweet Potato Steamed and Buttered Succotash Tossed Salad w/Dressing Sweet Roll w/Margarine Pineapple Slice/Fruited Bavarian	Lemon Pepper Tilapia Brown Rice Pilaf Steamed Mixed Veggies Coleslaw WW Roll w/ Margarine Chilled Fruit Cocktail
MONDAY 19*	TUESDAY 20	WEDNESDAY 21*	THURSDAY 22*	FRIDAY 23*
Country Fried Steak w/Gravy Mashed Potatoes Steamed Broccoli Mixed Greens Salad w/Dressing Biscuit w/Margarine Chilled Peaches	Tuna Salad Sandwich Lettuce and Tomato Carrot/Raisin Salad Chilled Pears Cookie	Meatloaf Mashed Potatoes & Gravy Mixed Veggies Garden Salad w/Dressing Biscuit w/Margarine Fresh Grapes	Spaghetti with Meat Sauce Steamed Carrots Caesar Salad w/Dressing Garlic Toast Fresh Melon	Roasted Pork Loin w/Gravy Baked Potato w/Sour Cream Mixed Veggies Garden Salad w/Dressing Soda Bread w/Margarine Chilled Applesauce
MONDAY 26	TUESDAY 27*	WEDNESDAY 28*	THURSDAY 29*	FRIDAY 30
<i>Happy Holidays</i> <i>All Centers Closed</i>	Savory Chicken Breast w/Gravy Mashed Potatoes Steamed Mixed Veggies Tossed Salad w/Dressing WW Roll w/Margarine Chilled Peaches	Beef Tips w/Gravy Brown Rice Pilaf Garden Salad w/Dressing Steamed Italian Veggies Cornbread w/Margarine Fresh Orange	Chicken A La King Celery, Carrots, Onions Mixed Green Salad w/Dressing WW Roll w/Margarine Fresh Grapes	Frito Pie w/Pinto Beans Zucchini/Onions Shredded Lettuce, Tomato Flour Tortilla Fresh Banana Cookie

Final Approved